

Pesce

TRIO DI SPIEDINI DI MARE <i>Tris of fish kebabs with squid and salmon, tuna and scallops, monkfish and king prawns, peppers, red onion and courgettes, served on wooden skewers with baby potatoes, olive oil, parsley and lemon zest</i>	19.95
BACCALA' UVETTA E PINOLI <i>Salted cod with red onion, pine nuts, sultanas and cherry tomato sauce</i>	16.50
SPIGOLA ALLA GRIGLIA <i>Grilled whole seabass</i>	19.00
SOGLIOLA ALLA GRIGLIA <i>Grilled whole lemon sole</i>	20.00
INVOLTINI DI RANA	
PESCATRICE E SALMONE AFFUMICATO <i>Monkfish wrapped in smoked salmon and chives, served with roast potatoes</i>	19.00
SALMONE IN AGRODOLCE <i>Fresh salmon baked with caramelized red onion and caramelized orange zest</i>	17.00
SCAMPI AL SALE <i>Fresh langoustines covered in coarse salt and baked</i>	18.00
TRIONFO DI CAPESANTE <i>Scallops triumph served gratin with garlic butter and parsley</i>	20.00
ARAGOSTA <i>Half or whole lobster served grilled /or Thermidor / or Catalana style</i>	13.00 / 23.00
GRIGLIATA MISTA <i>Monkfish, lemon sole, langoustine and fish kebab</i>	19.95
TRIONFO DI CROSTACEI <i>Shellfish triumph with lobster, langoustines, king prawns, scallops, mussels, clams</i>	20.00pp

Contorni

PATATE FRITTE ROBUSTE (V) <i>House cut chunky chips</i>	2.20
PATATE NOVELLE (V) <i>New potatoes roasted with garlic and rosemary</i>	2.95
PUREA DI PATATE (V) <i>Mush potatoes</i>	3.25
ZUCCHINE FRITTE (V) <i>Fried courgettes</i>	3.30
SPINACI FRESCHI (V) <i>Fresh spinach served with a sauce of your choice : creamy garlic and spring onion / butter and parmesan / garlic and chilli</i>	3.30
CAVOLO, PORRI E PISELLI (V) <i>Cabbage, leak and peas in a butter garlic and basil</i>	4.00
VERDURE DI STAGIONE (V) <i>Seasonal vegetables with carrots, broccoli, green beans</i>	2.95
INSALATA MISTA (V) <i>Mixed salad or green salad</i>	3.95
INSALATA VERDE (V) <i>Green salad</i>	3.00

Formaggi

TAGLIERE DI FORMAGGI <i>Mix cheese with gorgonzola, fontina, pecorino, served with pane carasau, grissini, homemade mustard, honey and fresh fruit</i>	9.95
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Carne

FILETTO DI MANZO <i>Fillet steak served with sliced fried potatoes, roast potatoes and sauce of your choice : green pepper / porcini mushrooms / rocket and parmesan / dolcelatte / radicchio and balsamic vinegar / garlic and parsley butter / olive oil aromatized with rosemary and coarse salt</i>	19.95
TAGLIATA DI MANZO <i>Sliced fillet served with sliced fried potatoes, roast potatoes and sauce of your choice : green pepper / porcini mushrooms / rocket and parmesan / dolcelatte / radicchio and balsamic vinegar / garlic and parsley butter / olive oil aromatized with rosemary and coarse salt</i>	18.95
BISTECCA DI MANZO <i>Sirloin steak served with sliced fried potatoes, roast potatoes and sauce of your choice : green pepper / porcini mushrooms / rocket and parmesan / dolcelatte / radicchio and balsamic vinegar / garlic and parsley butter / olive oil aromatized with rosemary and coarse salt</i>	16.95
AGNELLO ALLA SCOTTADITO <i>Grilled lamb cutlet seasoned with chopped garlic, parsley, mint, chilli and lemon zest, served with green beans with mint and lemon</i>	18.95
GALLETTO ALLA PIASTRA O ALLA DIAVOLA <i>Baby chicken flattened, grilled and baked with garlic, lemon and rosemary, or baked with black pepper, dry chilli and fresh chilli, served with sliced fried potatoes and mix leaf salad</i>	17.60
PETTO DI POLLO ALLA GRIGLIA <i>Grilled chicken breast served with sliced fried potatoes and roast potatoes</i>	12.95
GRIGLIATA MISTA <i>Mix grill meat with small tagliata (with olive oil aromatized with rosemary and coarse salt), lamb, arrosticini and chicken kebab served with sliced fried potatoes and roast potatoes</i>	19.95
COTOLETTA ALLA MILANESE <i>Sirloin steak, aromatized, breaded and fried served with sliced fried potatoes and roast potatoes</i>	19.95
COTOLETTA DI POLLO <i>Chicken breast breaded and fried served with sliced fried potatoes and roast potatoes</i>	17.50

Dolci

All Desserts Except Ice Cream Are Homemade

TIRAMISU'	4.85
PANNA COTTA	4.85
CRÈME CARAMEL	4.85
CHOCOLATE FUDGE CAKE	4.85
RICOTTA CHEESECAKE <i>Served with a sauce of your choice</i>	4.85
PROFITEROLES AL CIOCCOLATO <i>Chocolate profiteroles</i>	4.85
TORTA DI MELE <i>Apple cake</i>	4.85
GELATI E SORBETTI <i>Ice cream and sorbets</i>	4.85
MELA ROSSA <i>(To share)</i> <i>Tasting of small portion of all the homemade dessert, ice cream, a small milkshakes and fresh fruit</i>	8.95



0121 448 5150

42 POPLAR RD | KINGS HEATH | B14 7AD

OPEN 7 DAYS A WEEK

SUN - THUR: 11.00AM - 3.00PM | 5.00PM - 10.30PM

FRI & SAT: 11.00AM - 3.00PM | 5.00PM - MIDNIGHT

TAKEAWAY SERVICE AVAILABLE

Antipasti

OLIVE MARINATE E TAPENADE (V) <i>Marinated olives and tapenade</i>	2.95
INSALATA DI OLIVE (V) <i>Black olives, baby mozzarella and fresh orange marinated in orange juice, olive oil, salt and black pepper</i>	2.95
SELEZIONE DI PANE ITALIANO (V) <i>Selection of italian bread with focaccia, grissini, pane carasau, ciabatta</i>	3.75
FOCACCIA ALL'AGLIO (V) <i>Garlic bread focaccia style</i>	4.50
FOCACCIA ALL'AGLIO MELA ROSSA (V) <i>Garlic bread focaccia style with mozzarella and caramelised balsamic red onion</i>	4.95
BRUSCHETTA POMODORO (V) <i>Tomato, garlic, red onion, fresh basil, parsley on toasted ciabatta bread</i>	4.35
GAMBERI PICCANTI <i>Peeled king prawns, chilly, garlic, parsley and lemon on toasted ciabatta bread</i>	7.15
CROSTINI PANNA E FUNGHI (V) <i>Sautéed mushrooms, garlic, thyme and parsley in cream on toasted ciabatta bread</i>	5.25
FEGATINI POLLO <i>Chicken liver with creamy sauce honey and grapes on toasted ciabatta bread</i>	6.95
CARPACCIO MANZO <i>Thinly sliced beef fillet, rocket and parmesan with homemade dressing</i>	8.95
CARPACCIO DI BRESAOLA <i>Thinly sliced typical italian aged beef silverside, rocket and parmesan with homemade dressing</i>	8.95
CARPACCIO DI TONNO <i>Thinly sliced fresh tuna loin, seasoned with orange, ginger, olive oil and fresh dill</i>	8.95
TONNO ALLA TARTARA <i>Fine chopped fresh tuna, french mustard, red onion, capers, rocket and olive oil</i>	8.95
CALAMARI FRITTI <i>Fried calamari served with garlic mayo and a lemon wedge</i>	7.25
'MPEPATA DI COZZE <i>Fresh mussels sautéed with garlic, onion, lemon, parsley, thyme and basil and a choice of fresh tomato</i>	6.95 / 10.95
ASPARAGI ALLA GRIGLIA (V) <i>Grilled fresh English asparagus served with a soft poached egg and parmesan shavings</i>	6.50
VERDURE RIPIENE (V) <i>Mushroom, pepper, courgette and aubergine stuffed with breadcrumbs, tuna, edam cheese, garlic, parsley, anchovies, tomato sauce and olive oil</i>	7.95
ARANCINI <i>Sicilian style deep fried rice balls. The rice is cooked with saffron and peas. One kind is stuffed with Bolognese sauce, the other with besciamella, mozzarella and parmesan</i>	4.20
MELANZANA ALLA PARMIGIANA (V) <i>Flan aubergines with tomato sauce, parmesan, breadcrumbs, eggs and fresh basil</i>	7.50 / 12.00

Antipasto Per Due (To Share)

BRUSCHETTA MISTA <i>Smoked salmon / rocket, parmesan, balsamic vinegar / truffle sauce / tomato, garlic, red onion, fresh basil, parsley on toasted ciabatta bread</i>	6.00pp
FRITTO AMALFI <i>Deep fried calamari, prawns, scallops, monkfish, olives stuffed with white fish, basil and sage</i>	9.95pp
SELEZIONE DI VERDURE GRIGLIATE E GRATINATE <i>Selection of grilled and gratin vegetables with peppers, aubergines, courgettes, radicchio, tomato. Served with buffalo mozzarella</i>	7.95

Pizza

MARINARA (V) <i>Double tomato, fresh garlic and oregano</i>	5.30
MARGHERITA (V) <i>Tomato, buffalo mozzarella, a hint of parmesan and fresh basil</i>	7.55
FIorentina (V) <i>Tomato, spinach, free range egg, buffalo mozzarella and black olives</i>	9.75
CESARE <i>Grilled chicken, fresh cherry tomato, buffalo mozzarella, parmesan and fresh basil</i>	10.95
POLLO PICCANTE <i>Spicy chicken, roasted red pepper, buffalo mozzarella and chillies</i>	10.95
QUATTRO FORMAGGI (V) <i>Fontina, gorgonzola, buffalo mozzarella and parmesan</i>	10.95
DIAVOLA <i>Hot spicy pizza topped with turkey wurstel (or beef salami), peppers, red onions, buffalo mozzarella and fresh chilli</i>	11.95
VEGETARIANA (V) <i>Fresh cherry tomato, chargrilled vegetables, buffalo mozzarella, finished with rocket salad and parmesan shavings.</i>	9.95
MARE <i>Fresh tuna, king prawns, mussels, onion, olives and a touch of chilli and buffalo mozzarella</i>	11.95
SALMONE <i>Smoked salmon, fresh dill, chives and buffalo mozzarella</i>	11.95
MELA ROSSA <i>Buffalo mozzarella, finished with bresaola, rocket salad, fresh cherry tomatoes, parmesan shavings and glazed balsamic vinegar</i>	11.95
CALZONE (V) <i>Folded pizza with buttered spinach, tomato, mozzarella and parmesan</i>	10.95
PORTAFOGLIO <i>Folded pizza with buttered spinach, bolognese sauce, mushrooms, mozzarella and parmesan</i>	1.95

Pasta E Risotto

ZUPPA DEL GIORNO (V) <i>Soup of the day</i>	5.60
RAVIOLI SPINACI (V) <i>Stuffed fresh egg pasta with spinach, ricotta and parmesan in butter and sage sauce or in fresh tomat and basil sauce</i>	5.75 / 9.75
TAGLIATELLE BOLOGNESE <i>Fresh flat egg pasta with slow cooked Bolognese sauce</i>	6.95 / 9.25
LASAGNA AL FORNO <i>Sheet of fresh egg pasta cut into squares, arranged in layers with bolognese sauce, bechamel and parmesan, and baked in the oven</i>	7.00 / 9.95
PENNE ALL'ARRABBIATA (V) <i>Short pasta of semolina flour with spicy tomato sauce, fresh chillies and parsley</i>	6.55 / 9.95
SPAGHETTI ALLO SCOGLIO <i>With scallops, squid, mussels, clams, king prawns, cod, fresh tomato and basil</i>	7.95 / 12.95
LINGUINE AI GAMBERONI <i>Similar to pasta spaghetti with king prawns, fresh tomato, parsley and a hint of chilli</i>	7.95 / 12.95
LINGUINE ALL'ARAGOSTA <i>With a fresh lobster sauce, cherry tomato sauce and basil</i>	9.95 / 15.95
TAGLIATELLE AL SALMONE <i>With smoked salmon, shallot, fresh dill, chives and creamy sauce</i>	7.95 / 12.95
TAGLIATELLE DELL'AIA <i>With chicken in a creamy mushrooms sauce</i>	5.95 / 8.95
TAGLIATELLE AI FUNGHI <i>With porcini mushrooms and oyster mushrooms</i>	7.95 / 13.00
PORCINI E TARTUFO (V) <i>With pickled peppers, artichokes in olive oil, fresh champignon mushrooms, green olives, pickled vegetables and fresh cherry tomato sauce</i>	6.95 / 9.95
LINGUINE PRIMAVERA (V) <i>With pickled peppers, artichokes in olive oil, fresh champignon mushrooms, green olives, pickled vegetables and fresh cherry tomato sauce</i>	6.95 / 9.95
CARBONARA DI TONNO <i>With fresh tuna, eggs, parmesan, pecorino cheese and parsley</i>	7.95 / 10.90
RISOTTO AI FRUTTI DI MARE <i>With scallops, squid, mussels, clams, king prawns, cod and caramelized lemon</i>	7.95 / 12.95
RISOTTO ALLE VERDURE (V)	6.95 / 9.95

Insalate

CAPRESE (V) <i>Buffalo mozzarella, beef tomato, fresh basil and fresh oregano</i>	4,95 / 7,95
CESARE <i>Gem lettuce, warm grilled chicken breast, croutons, shaved parmesan, crispy turkey bacon, in a traditional Caesar dressing</i>	6,95 / 10,50
VIVA E VEGETA (V) <i>Fontina cheese, roasted peppers, beetroot, caramelized balsamic onion, lettuce and rocket, pine nuts, olives, fresh basil and olive oil</i>	6,70
INSALATA MEDITERRANEA (V) <i>Mixed salad, tomato, buffalo mozzarella, fontina, olive with lemon and olive oil dressing</i>	4,95 / 7,95
INSALATA DI MARE <i>Seafood salad with scallops, squid, mussels, clams, king prawns, pickled vegetables and fresh tomato</i>	7,25